
Ain Hinsberg

Project Manager, lecturer



Ain Hinsberg has been engaged in international tourism for 30 years. Areas of expertise include tourism policy, tourism development, marketing and promotion, identification studies, information systems, planning, human resource development and training. He has been involved in the preparation of master plans and marketing action plans for tourism development projects all over the Baltic Sea Region, but mostly in the Baltic States – Estonia, Latvia and Lithuania.

Ain also has experience in public administration dealing with business development and in management in tourism-related issues gained in EU National Tourism Organization ((2.5 years at Estonian Tourist Board) or similar organization (running three different regional umbrella organizations).



Prof. dr. Antonella Fioravanti

President of OMTH (Organization Mondiale du Thermalism),
Vice president of International Society of Medical Hydrology
(ISMH)

Since 1982 she has been a partner of “Italian Society of Rheumatology” (SIR), holding the office of vice president of Tuscany Section of Rheumatology Italian Society; from 2000 to 2004 President of the Tuscany Section of Italian League Against Rheumatic Diseases (LIMAR); since 2006 is member of Scientific Board of ISMH (International Society of Medical Hydrology). Since 2014 she has been Vice-President (Scientific Leader) of ISMH and President of OMTH.

It's been years since she has been involved in clinical and laboratory research with her 250 edited papers in national and international journals. The Dr is also co-author of 12 books dedicated to Rheumatologic Diseases and Medical Hydrology.

A decorative graphic at the bottom of the page showing several hands of different colors (shades of grey and blue) reaching out and holding each other in a supportive gesture.

Prof. Dr. Christian-François Roques-Latrille

Medical doctor, Emeritus Professor, Knight (National Order of the Legion of Honor (2012), National Order of Merit (2001), Academic Palms (1996)), Titular Member of the French Academy of Medicine, ISMH president, Laureate Graduate: Gold award (1968), Silver award (1973)



Dr. Roques has multiple academic degrees and professional certificates, he has been also acknowledged both nationally and internationally with various awards and titles. The professor has exceptional knowledge and experience in the field of thermal medicine: medical expert in thermal medicine (1973-1985), Honorary Member of the French Society of Hydrology and Medical Climatology (1992), Member of the International Society of Medical Hydrology and Climatology (2004-), ISMH general secretary (2008-2016); president-elect 2021, president 2022, Vice-President of the World Federation of Thermalism and Climatism (FEMTEC), President of the Scientific Committee of the AFRETH (French Association for Thermal Research) (2004-2021), etc.

Dr. Roques' scientific work represents nearly 700 references, he also is the author or co-author of 129 scientific articles published in peer-reviewed journals, 111 scientific articles published in collective works and other periodicals.



Prof. Dr. Isabel Santos

MD, PhD, specialist in Physical Medicine and Rehabilitation, specialist in Balneology, member of Centre de Recherches Rhumatologiques et Thermales à Aix Les Bains

Dr. Santos has vast experience in medical environments and management (hospitals, rehabilitation centers, spa centers). Today she is mostly focused on training: population in general, patients, health professionals.

Prof. dr. Subhash Chandra Mandal

Professor, Pharmacognosy and Phytotherapy Research Laboratory, Division of Pharmacognosy, Department of Pharmaceutical Technology, Jadavpur University, Kolkata, India

Research area: Pharmacognosy and Phytotherapy



Prof. Mandal has played a pivotal role in the globalization of research in Indian traditional medicine with special emphasis on scientific exploration of medicinal plants in rural Bengal for the treatment of lifestyle and metabolic diseases. He has been working in the area of drug discovery from traditional medicine through an integrated holistic approach for more than 25 years which has fetched him prestigious recognitions from different national and international organizations. He has also been recognized with the Distinguished Education and Research Award from the prestigious American Association for Indian Pharmaceutical Scientists (AAiPS) at Los Angeles, USA in 2009.

Recently, Prof. Mandal has engaged with many advanced research work (to be useful for the industry) in developing new innovative, energy efficient extraction methodologies for botanicals which have great export potential.



Dr. Kurt von Storch

Founder and CEO of EuropeSpa med & wellness GmbH, president of the Academy of Balneology and Climatology, Member of the Board of the German Spa Association (DHV), General Secretary of Quality in Health prevention.

Kurt von Storch has 20 years of experience in quality consulting for medical spa and wellness in 45 countries worldwide and has carried out quality projects in more than 180 spas. He also developed quality standards for medical spa and wellness and is author of the book "Quality Standard for Medical Spas and Medical Wellness Providers in Europe", published in Schweizerbart Verlag. Kurt von Storch shares his knowledge in regular lectures and training courses worldwide.

Elita Radkevič

Advisor of the Department of Primary Health Care, Dentistry and Medical Rehabilitation of the Department of Personal Health

She has been working at the Ministry of Health since 2009. From 2019 supervises issues of medical rehabilitation, and from 2023 supervises issues of health of people with disabilities.

Working in this position, Elita solves problems related to the availability of medical rehabilitation services as well as their implementation activities.



Asta Bagdonaitė

Cosmetic body care specialist, dietician, teacher of SPA bodycare services and healthy lifestyle and nutrition (12 years of experience), member of the Board of the Association of Beauticians and Cosmetologists

Areas of interest: therapeutic and preventive nutrition, influence of nutrition on aging processes, treatment and prevention of diseases with natural factors (forest therapy, balneotherapy, peloidotherapy, algotherapy, etc.).

Auksė Bakanienė

Master of Complementary and Alternative Medicine, masseur, massage pedagogue, organizer of massage courses, lecturer, Meridian massage master



Using the knowledge of both Western and Eastern medicine (Traditional Chinese Medicine, Traditional Tibetan Medicine, etc.) in the daily practice of working with people. "In order to understand who we are and what is best for us, we need to know a lot about ourselves, but we can start with simple things. I discovered Eastern medicine 12 years ago and I am still amazed at how many natural and effective ways to improve health that have been used by mankind for thousands of years and that we can apply to ourselves and others to support our well-being."



Dovilė Antulevičienė

Certified practitioner of Integrative French Aromatherapy, certified specialist in Essential Oil Biochemistry (Scientific Aromatherapy)

For more than 10 years Dovilė has been practicing her knowledge of aromatherapy, giving lectures and participating in conferences. She has the qualification of masseur, which she has been practicing for more than 12 years (visceral therapy, deep muscle massages, manual techniques). Dovilė also teaches specialists of complementary and alternative health care on body aromatherapy at Klaipeda University.



MD Jūratė Astravaitė

MD of physical medicine and rehabilitation

Asta has completed a course in 2020 "Fundamentals of awareness-based cognitive and behavioral therapy" (160 hours, Institute of Neurosciences of the Lithuanian University of Health Sciences).

Areas of interest: application of natural resources in treatment, improvement of mental health, mindfulness-based interventions, pain medicine.



MD Arvydas Balčius

MD of physical medicine and rehabilitation, psychotherapist, director for medicine at sanatorium DRAUGYSTĖ

Since 1995 has been actively participating in the creation and development of the medical rehabilitation system in Lithuania; participating in various working groups of the Ministry of Health of The Republic of Lithuania in the development of legal acts.

At the Competence Center for Health Care and Pharmaceutical Specialists and the Center for the Development and Specialization of Nursing Workers created training programs and delivered lectures on massage, climatotherapy, hydrotherapy, balneotherapy, peloidotherapy and thermotherapy.

Actively interested in medical rehabilitation innovations and rehabilitation systems by visiting resorts in Italy, Germany, Slovenia, Czech Republic, Slovakia, Poland, Latvia, Estonia, Hungary. Actively participates in the activities of the Lithuanian Society of Physical Medicine and Rehabilitation, is a member of the board.



Dr. Daumantas Bočkus

Lecturer and project researcher at Klaipeda University, associate professor at the Lithuanian Business University of Applied Sciences

Daumantas did his doctoral dissertation on the theme of wellness tourism: “The market perspectives of wellness tourism: A multiple case study”

Research interests: wellness tourism, sustainable tourism development, destination marketing and competitiveness, tourist experience, entrepreneurship and networking in tourism business. Daumantas participates in the implementation of international projects related to the sustainable tourism development of the Baltic Sea region.



Assoc. Prof. Dr. Aelita Bredelytė

Associate professor and researcher at Klaipeda University, director of STEAM center, member of the National Health Council of Lithuania

Research interests: leadership; development of leadership competencies; organizational behavior; quality of science.



MD Mindaugas Būta

MD psychiatrist, the Head of Psychiatry department at the Klaipėda Republic Hospital



Prof. dr. Inga Dailidienė

Senior researcher of the physical geography of natural sciences at the Marine Research Institute of Klaipeda University, member of the scientific management group of the international organization “Baltic Earth”

Research areas: physical processes of climate change and their impact on Baltic Sea ecosystems, human environment and health.



Lina Gedrimė

Senior Nurse of Day Surgery Center at the Klaipėda Republic Hospital, lector at Klaipeda University



Inesa Golubovskaja

Medical psychologist-psychotherapist at the Klaipėda Republic Hospital

Areas of interest: mental health of children and adolescents, human psychopathology, cognitive and behavioral psychotherapy, spirituality.



Dr. Vilma Jakienė

Researcher at the Behavioral Medicine Laboratory of the Institute of Neurosciences of the Lithuanian University of Health Sciences (LSMU)

In 2021 completed doctoral studies at LSMU and obtained a doctorate degree in the field of medicine and health sciences (public health). Since 2013 actively participates in international scientific conferences. She is also a member of the Lithuanian Society of Biological Psychiatry, a junior member of the International Academy of Suicide Research (IASR), and an associate member of the European College of Neuropsychopharmacology (ECNP).

Areas of research and interest: suicidal behavior, mental and behavioral disorders, neurocognitive markers, biological, environmental and psychosocial factors of suicide.



MD Jovita Jočienė

Rehabilitation specialist, MD of physical medicine and rehabilitation, senior MD at Sanatorium GRADIALI

Dr. Marija Kataržytė

Senior researcher at the Marine Research Institute of Klaipeda University

Marija specializes in aquatic microbiology (with the focus on bacteria and fungi related to fecal pollution and *Vibrio*) and molecular methods for 10 years.

Is leading Biodiversa project BaltVib in Lithuania, as well as a national project, SnowLife. Participated in 4 international scientific projects under the BONUS programme and HORIZON2020. Was STSM committee member in EU COST Action "DNAqua-Net" and is the coordinator of STSM in EU COST Action "Ocean4Biotech".

Published 30 ISI WOS publications. Participated in 4 international scientific projects under the BONUS programme and HORIZON2020.





Prof. Dr. Brigita Kreivinienė

Scientist, head of the Dolphin Therapy Department of the Lithuanian Sea Museum, head of the Dolphin Therapy Program, professor at Klaipeda University, public consultant of the Ministry of Health on non-traditional medicine issues

Brigita has published more than 70 scientific articles in Lithuania and abroad on the topics of disability, dolphin-assisted therapy, sensory integration, and complementary and alternative medicine. In 2019, she was awarded the "For a healthy lifestyle" public election nomination of the Ministry of Health of the Republic of Lithuania "For defeated disability" for the creation of a holistic dolphin therapy program.

Akvilė Lencevičė

Physiotherapist, healthy nutrition specialist, LETA member, junior researcher at Klaipeda University

She constantly deepens her knowledge in various seminars, participates and gives presentations at scientific conferences, actively works in scientific projects related to health.

Areas of interest: innovative approach to children's physical activity; women's training before and after childbirth; balanced nutrition; nature therapy.



Prof. dr. Arvydas Martinkėnas

Profesor and senior researcher in the field of medical technology at Klaipeda University, doctor of physical sciences (informatics), physicist

Areas of research interest: Biostatistics, Medical technologies in radiology, Biomedical electronics and engineering, Methods for assessing heart rate variability, Influence of climate and weather on humans, Models of health services, and health status.

Vilma Matulevičiūtė

Phytotherapist, naturopath, herbalist, CranioSacral therapist



Vilma studied in the College of Naturopathic Medicine for four years where she qualified as a Naturopath and Herbalist. She has a Master's degree in Herbal Medicine from the University of Westminster, London (2014).

She is a senior lecturer of herbal medicine and naturopathy in the CNM as well as clinic supervisor for the student clinics. Vilma currently is the chairperson for the Irish Register of Herbalists (IRH).



Jūratė Noack

Licensed Ayurvedic health practitioner, assistant lecturer at Klaipeda University, MSc of Complementary and alternative health care study program

MD Assoc. Prof. Dr. Lolita Rapolienė

Family MD, internal medicine MD, associate professor and researcher at Klaipeda University, deputy director for medicine at the Baltic Medics Port Polyclinic



Lolita has carried out multiple scientific projects on natural resources, balneotherapy and health: "The effectiveness and safety of unique natural resources of Lithuania for the improvement of stress-related mental and physical state" (2023); "Nature-

based wellness tourism - New Concept of the Sustainable development of the SBA“ (2022); biomedical study “Effect of geothermal water of different mineralization on distress and body condition” (2018) and etc.

Areas of interest: personal and public health risks, lifestyle, stress, balneotherapy, geothermal water.



MD Assoc. Prof. Dr. Kęstutis Skauminas

Neurosurgeon

Kęstutis Skauminas, M.D., Ph.D., is a neurosurgeon with more than 30 years of practice in brain tumor neurosurgery. He has improved his professional qualifications in Freiburg, Dusseldorf (Germany), Marseille (France), Oulu (Finland), Trondheim (Norway), Warsaw (Poland). He worked at the Lithuanian University of Health Sciences (LUHS) as an associate professor at the Neurosurgery Clinic of the Medical Academy. As one of the neurosurgery residency supervisors, he conducted the Teach the Teachers training for residents and residency supervisors at LUHS. He has completed trainings accredited by the International Coaching Federation: Baltic Coaching Center (2010, Vilnius) Life Coaching course and Neuroleadership Institute’s “Brain Based Coaching 20” training (2016, Helsinki).

He is a former senior researcher at the Institute of Neurosciences of LUHS, and former head of the Laboratory of Molecular Neurooncology of the Institute of Neurosciences. Kęstutis is the author of continuing professional development (CPD) programmes. Currently, Kęstutis holds the position of chief medical officer at Medical SPA Eglės sanatorija.



Prof. dr. Saulius Stumbra

Priest, chaplain, doctor of social sciences, chairman of the Medical Ethics Commission of Klaipeda University Hospital, professor at the Klaipeda University

Areas of interest: ethical issues; the person’s religiosity; Christian folk culture.

Prof. habil. dr. Saulius Šliaupa

Lithuanian geologist, researcher, professor at Vilnius University



Professor Saulius Šliaupa researched the tectonics of Lithuania and the geodynamic development of the Baltic sedimentary basin.

Professor published more than 200 scientific articles in the field of regional geology, stratigraphy, analysis of sedimentary basins, reservoir geology, tectonics and geodynamics, geothermal, seismology, and geomedicine.

Scientific interests: Baltic regional geology, tectonics, geodynamics, neotectonics, seismic hazard, risk of nuclear power plants and storage facilities, petrography of igneous rocks, geochemistry, hydrogeology, geology of sedimentary basins, diagenesis, collector properties of rocks, oil field research, gas shale, geothermal energy, CO₂ geological storages, other underground energy storages (hydrogen, natural gas, compressed air).

MD Dr. Giedrė Taletavičienė



MD of internal medicine at the “UPA MCT” and Druskininkai Hospital

Dr. Giedrė Taletavičienė did her doctoral dissertation on „Changes of electrocardiographic parameters and their concatenations during whole-body cryotherapy and peloidotherapy procedures” at the Lithuanian University of Health Sciences.

Giedrė has been working in the field of curatology and recreation since 1998. She researches local magnetic field and human health interactions, as well as ECG nonlinear analysis. The first prize of Karolis Dineika, the pioneer of wellness and resort science in Lithuania, was awarded to Dr. Giedrė Taletavičienė.



Dr. Donatas Valiukas

Head of the Climate and Research Department of the Lithuanian Hydrometeorological Service under the Ministry of Environment of the Republic of Lithuania, climatologist.



Prof. Dr. Lina Varžaitytė

Professor and researcher at the Lithuanian University of Health Sciences

Areas of interest: neurorehabilitation, health effects of natural health factors.

